

Dear Runner –

Congrats on your registration for the Deseret News Races! We are just days away from the Marathon, Half Marathon, 10k, and 5k. We are very excited about the experience we have lined up for you. The courses are beautiful, fast, and exciting; and the Finish Line will have energy and food like never before. Here are your final details. Best of luck with your race preparation over the final few days...

Packet Pickup

Our Packet Pick-up is at the **Salt Lake City Marriott University Park** (480 Wakara Lane, SLC 84108) on July 21st (Wednesday) from 4:00-8:00pm and July 22nd (Thursday) from 10:00am-8:00pm. You may pick up packets for someone else if you bring a signed note authorizing you to do so. We will hand out the race bibs, t-shirts, and goodie bags as well as answer any last minute questions. Park in the Hotel Parking Lot, enter through the main entrance and proceed downstairs.

COVID Protocol

We kindly ask that all runners who have not been vaccinated wear a mask at packet pickup and on the buses to the starting line and shuttles back to your vehicles. There will be masks available at all locations. We will also have hand sanitizing wipes provided by SelectHealth at the finish line. Our volunteers who are handing out medals and handling any food will be sanitizing and wearing gloves.

Shuttle Buses to Starting Lines

Marathon Buses will pick up runners from Rice-Eccles Stadium (451 S 1400 E) promptly between 3:30am – 3:45am to shuttle runners to the start line location. These buses will be lined up along the west side of the stadium. It is your responsibility to arrive early enough to park and be seated on a bus in time to ride to the top of Big Mountain. Do not plan on driving to the top. The marathon starts at 5:30am.

Half Marathon Buses will pick up runners from Rice-Eccles Stadium (451 South 1400 East) between 4:15am-4:45am to transport runners to the start line location. The buses will be lined up along the west side of Rice-Eccles stadium. Do not plan on driving to the start line as Emigration Canyon will be closed!

Parking

Marathon: Park in Rice Eccles Stadium parking lot on the west end. No parking at the starting line.

Half Marathon: Park in Rice Eccles Stadium parking lot on the west end. No parking at the starting line.

10k: Park at Research Park

5k: Use side streets near 950 East South Temple

Starting Times

Marathon – 5:30am at Big Mountain Pass.

Half Marathon – 6:00am in Emigration Canyon below Little Mountain Summit

10k – 6:00am in Research Park at 400 South Chipeta Way, SLC 84108

5k – 7:00am at 950 E. South Temple

Aid Stations

The Marathon has Aid Stations at 3, 5, 7, 9, 11, 13, 15, 17, 19, 21, 23, and 25. Gatorade and Water will be available at all Aid Stations. GU will be provided at 9, 15, 19, 23. The Half Marathon has Aid Stations at 3, 5, 7, 10, and 12. Gatorade and Water will be available at all aid stations with GU at mile 7 and 10. The 10k has Aid Stations with Gatorade and Water at miles 3 and 5. The 5k has Aid Stations with Gatorade and Water at Mile 2.

Finish Line

We will have finisher medals for finishers in every race. We will also present medals to the top 3 in each age division in all four races. Check in at the Minky Couture Table for your medal if you finished in the top 3 in your age division. There will also be a “PR Bell” to ring if you set a personal best – even if it is a personal best for our course. We will also have an awesome photo opportunity set-up by Alphalit with “Rise, Run, and Conquer” and balloons. And we will have plenty of food for runners: Water, Gatorade, Bananas, Cookies, FREE Chik-fil-A Sandwiches, Trufu, Julianne Caramels, and Creamies. Some of the food will be FREE for spectators as well (Chik-fil-A and others). Tesla is going to be there displaying a few of their latest models (Tesla will also be the pace cars for the full and half marathon). Lastly we are going to have some LIVE entertainment from American Idol contestants and Utah natives Ammon and Liahona Olayan on the Kuhl Mule Stage.

***Medical at the finish line is provided by Intermountain Healthcare.**

Spectators

We hope to have a lot of spectators cheering and supporting the runners. Hogle Zoo is a great place to park and watch the Half Marathon and Marathon runners come out of Emigration Canyon. For the Finish Line at Liberty Park, spectators can park along the side streets close to Liberty Park. We will have food and entertainment for spectators to enjoy with us at the finish line. We are working hard to turn the finish line into a great place for runners and family and friends to spend some time before the Parade or holiday celebrations.

Shuttle Bus Back to Cars

After the race there will be shuttle buses at the finish line area lined up along 700 East between 800 South and 900 South to transport runners back to their vehicles at Rice-Eccles Stadium and at Research Park. Due to the State Holiday, the parade and the race route closures and traffic, these shuttle buses will take some time to make their rounds so plan accordingly.

Rise, Run & Conquer Elliptigo Contest

It's not too late to enter our contest to win one of two FREE Elliptigo 8C Trainers. These things are amazing!! Just tell us why you run or what you have overcome. We are looking for Inspirational Stories. Enter at run.deseret.com/contest The contest will remain open through packet pick-up (Thursday 7/22).

Final Note

The Race Committee has been working hard to give you a great experience, and we want to wish you the very best as you prepare to toe the line and push your limits. If you have any questions or concerns you can chat with us at packet pick-up or email run@deseretnews.com. On this Pioneer Day Weekend we challenge you to run with the determination, strength, and courage, of the pioneers and of your own individual heritage.

See you at the Finish Line!

Corbin Talley
Deseret News Race Director